

Create Your Own Salad

Salads are only limited by your imagination!

Have it your Way Tossed or Chopped

At W Café all our salad ingredients and vegetables are fresh from the fields and markets. No preservatives or additives ever used - All Natural!

Step 1 - Choose your Salad Greens

Small \$3.25 • Large \$4.25

Baby Field Greens • Crisp Romaine • Baby Spinach • Iceberg (add .75¢)

Step 2 - Choose Your Main Ingredients..... \$1.75

Grilled chicken, Crispy Chicken Cutlet, Spicy Cajun Chicken, Turkey Breast, Albacore Tuna in Water, Fresh Ripe Avocado, Grilled Portobello Mushrooms, Crispy Bacon, Genoa Salami..... **Grilled Shrimp (\$2.25)**

Step 3 - Choose Your Toss-Ins \$1.00

Sun Dried Tomatoes, Tofu, Baby Mozzarella, Artichoke Hearts, Sun Dried Cranberries, Toasted Almonds, Walnuts

More Toss-Ins \$0.75

Feta cheese, Crumbled Bleu Cheese, Green Olives, Kalamata Olives, California Black Olives, Mandarin Oranges, Cherry Tomatoes, Roasted Peppers, Grilled Vegetables, Cheddar Cheese, Shaved Romano Cheese, Provolone Cheese, Strawberries, Mango, Kiwi, Grapes, Pineapple

More Toss-Ins \$0.50

Chick Peas, Sweet Corn, Alfalfa Sprouts, Broccoli Florets, Sweet Peas, Celery, Shredded Carrots, Sesame Noodles, Diced Tomatoes, Cucumbers, Sliced Red Onions, Sliced Mushrooms, Beets, Kidney Beans, Raisins, Jalapeno Peppers

Step 4 - Choose your Favorite Dressings

Fat Free and Low Fat

Fat Free Lemon Herb
Fat Free Caesar
Fat Free Raspberry Vinaigrette
Fat Free Yogurt Dill Cucumber
Light Italian
Low Fat Balsamic Vinaigrette
Red Wine Vinegar
Balsamic Vinegar
Lemon Juice

Regular

French
Thousand Island
Balsamic Vinaigrette
Sesame Ginger
Bleu Cheese
Ranch
Creamy Caesar
Honey Dijon
Virgin Olive Oil
Caribbean Mango



Entree Salads

Crisp – Refreshing – All Natural! Served with Your Choice of any of our Homemade Salad Dressings and Brick Oven Dinner Rolls

A. W Café Chopped Salad. \$7.95

Chicken Breast, Smoked Country Ham, Hard Cooked Egg Whites, Tomatoes, Crispy Bacon, Cheddar and Swiss Cheese over Iceberg Lettuce

B. Caesar Salad.....\$5.75

Hearts of Romaine, Shaved Romano Cheese and Homemade Croutons

C. Grilled Chicken Caesar. \$6.95

Grilled Chicken over our Crisp Refreshing Caesar Salad

D. Cobb Salad\$7.95

Oven Roasted Turkey, Rows of Perfect Avocado, Sprouts, Sliced Mushrooms and Diced Tomatoes over House Garden Salad

E. Oriental Chicken Salad. \$6.95

Tender Chicken in Light Ginger Sesame Dressing with Chinese Noodles, Oriental Vegetables and Water Chestnuts over House Salad (low fat)

F. Greek Salad\$6.95

Feta Cheese, Stuffed Grape Leaves, Cherry Tomatoes, Red Onions, Kalamata Olives on a Bed of Romaine Hearts

G. Chef's Salad.....\$7.95

Prime Roast Beef, Fresh Roasted Turkey, Swiss and American Cheese, Hard Cooked Eggs, Cherry Tomatoes, Garni on a Bed of Mixed Greens

H. Grilled Chicken Salad....\$6.95

Rosemary Grilled Breast of Chicken over our Green House Salad

I. Baby Spinach Paradise ..\$8.95

Grilled Shrimp, Crispy Bacon Bits, Hard Boiled Egg, Mushroom Slices and Sliced Red Onion served with Honey Mustard Red Wine Vinaigrette

