

1



Love Is ... Patient

My name is Sadie Mae Baird. I am a Canine Avatar and within this my third book, I wish to discuss the most important topic in the universe ... love. Love is a massive subject and love is a miniature subject. Love is present within emotions of laughter as well as emotions of anger. Love exists within everything the eyes can see, the hands can touch, the nose can smell and the ears can hear. Indeed ... love is.

As a simple canine creature, love is all that I am. If one were to describe me, it would be my desire that love would be the first and foremost thing they thought of when formulating a word picture. Love is why I came to this life experience. Love is what puts excitement into each new day. Love punctuates every molecule of the air that I breathe and the thoughts that I think. Love gives me precious moments with my beloved family and love guides me to take actions in concern for others.

Love at times may seem a very complex issue to human beings but it need not be so. Love is tough sometimes and love is gentle sometimes. Love may seem to storm in rage within life experience one day

and then love can melt away years of anguish the next. Love is an amazing teacher at all times. Yet, above and beyond all things, love is patient.

Using a word like *patient* to describe love means that other words like calm, steadfast and persevering must be used as well. Genuine patient love means to bear pain or trials without complaint. As you can see, it quickly becomes very obvious that love may ask a high price but therein resides an illusion. True love asks nothing.

Just this morning, I had an experience based in love that taught me the importance of patience. Each morning before he leaves for work, Bill hugs and kisses Gram, he kisses Krissi and rubs her belly and then he kisses me and rubs my belly. Well, I was so very excited to exchange affection with Bill that I swung my paw toward his face and scratched his cheek causing a small wound. The wound even bled a little. Bill had Gram put some antiseptic on the site and he held a tissue against it so that it wouldn't bleed. I felt terrible. I sat down, dropped my ears flat to my head and looked down at the floor. Bill came over and hugged me and rubbed my belly, telling me he knew I didn't mean to hurt him and that I just needed to not get quite so excited. The love I have for my wonderful family is such that I can hardly contain myself at times like this and excitement gets the best of me.

Love is the most pure emotion in the universe. Love creates. Love is a very powerful positive energy. Love understands that we are all woven together in the tapestry of life experience creating an interconnectedness that runs like well-oiled machinery. Have you ever stopped to think about the

incredible fluidity that functions within daily existence? Farmers plant seeds in the soil and create crops. Those crops are harvested and transported to grocery stores. Consumers purchase those potatoes, for example, and take them home and eat them for dinner.

You may ask, how does that process have anything to do with love? Well, the farmer loves the land and creates his income to support the family that he loves by cultivating the soil and producing his crops. The truck driver who transports the crop from the farm to the distribution center also loves his family and wants to provide for their needs. He drives his truck to fulfill a need and this gives him a sense of accomplishment. He loves that feeling. The consumer who purchases that produce loves to cook good meals as an expression of love for the family. Once eaten that food then fuels the individual family member's body so that they too can go out each day into the world to fulfill their function as a vital link in the chain of life.

Many individuals spend entire lifetimes in search of love but never stop and notice how much love surrounds and infiltrates every moment of every day. The further irony of love is that love resides within the corridors of each and every individual's very own soul. That means that the greatest source of love can be found within one's own being. Once that inner love is discovered, investigated and fully appreciated the love that permeates the very air that we breathe can then begin to expand the awareness of the individual. The power of love within which we live and breathe and have our being will patiently lead each individual from experience to experience to the soul's perfect expansion and development. This process works at

the speed of each given individual. There is no pressure, no rules and no timeframe to adhere to and absolutely no competition ... just simple pure love, nothing more and nothing less.

We of the animal kingdom sit back and marvel at the complexity humans create within the life experience. Humans create war and humans lament of loss, all in the name of love. Humans write beautiful music and humans sell radial tires, all in the name of love. Seldom, however, do humans stop and ponder the true dynamics of the power and process of love. Love is most amazing and love is most simple.

Love, like the wind, is an unseen powerful force. The force of love can bind nations together and the lack of love can tear families apart. Love understood can be unified into a common bond of life-giving radiance and elation. Love denied can lead to death, destruction and disaster.

All of life thrives within the presence of love. Notice the thick presence within the atmosphere when you step through a well-kept garden. The colors of the flowers seem to radiate with a neon-like expression. The aroma seems more intense. It feels healthy and strong to stand in the space. This is the energy of love. This love is created when the gardener and nature combine energies within the dance of life to create the expression of love. The energy can be seen within the flowers and felt within the soul. Love is therein made manifest.

One of the most sacred demonstrations of love can be seen between a mother and her newborn offspring. The pure energy of love interacts between the helpless infant searching for a life-sustaining teat

and the protective maternal instincts as the mother cleans nurtures and protects her young. Love is ... that is universal law.

We of the animal kingdom never doubt the presence of love. We understand love so thoroughly that we will give our own lives to protect the ones we love. We do not question love, we simply respect it. As a Canine Avatar, it is very sad to me that humans experience so much insecurity in the presence of this most pure and beautiful force. Too often, humans struggle to love themselves. If the love of an individual's own unique and amazing life-expression cannot be appreciated with the utmost respect it is virtually impossible to likewise have genuine love for others.

Love is patient, indeed. Love cannot be controlled, manipulated or coerced. Love resides within the soul of every living creature. Love is that mysterious force that sustains the heart beating within the chest of living creatures and love is that beacon that allows the sperm to find the ovum and life force cell division to initiate. It is love behind the process of photosynthesis that allows a plant to convert the energy of the sun and the nutrients of the soil into the product of a living oxygen-producing life-giving plant. Love directs the insects as they assist the trees in the pollination process and love urges the salmon to swim upstream against the current and at great personal risk to spawn the next generation.

While love can be seen within the miracles that surround each and every one of us each and every day, the greatest place to individually discover love is within one's own heart. Love awaits every individual within the chambers of one's own soul. Love is

quietly waiting to teach each and every individual of the splendor and majesty of simple existence. Love waits patiently.

Just as radio waves cannot be seen but their power, when harnessed, opens up a world of instant communication, so too is the nature of love. Just as satellite systems transfer data, photographs and planetary information to earth using unseen energy fields, so too is love a power that can be focused and directed in a manner far more powerful than humans presently understand.

Love is the energy substance that creates thought and ideas. Thought and ideas then create all that we see within the material realm. Using simple deduction we quickly see that as we gain respect for this power of love, this unseen force which keeps our heart beating and our mind thinking, we see the wonder of its power more clearly within each abiding moment. Love is a purely creative force and love creates by way of patient persistence.

The Grand Canyon is an excellent example of the patient power of love. Water has eroded the vast expanse of area that creates the canyon over the course of millions of years of time. The water persevered with time to create this wonder of the world. The sequoia trees of Northern California and Southern Oregon are another incredible example of the patient nature of the power of love. These spectacular evergreen trees, commonly referred to as redwoods, grow for up to 2,200 years and attain a height in excess of 300 feet.

Ancient sacred texts state, "If I speak in the tongues of men and of angels, but have not love, I am

only a resounding gong or a clanging cymbal,”¹ in other words ... just making a lot of noise. Indeed, love need not make any noise at all to be present and felt by others. The more comfortable each individual becomes within their own love energy, the more comfortable the atmosphere that surrounds them becomes as well. Taking that comfort one step further, as each individual gains respect in the knowledge that all individuals whether human, plant, animal or mineral, in essence are an expression of love energy, the more patient and accepting the individual becomes.

Now for just one moment let's consider the sad case of those who feel they do not have the power of love present in their life experience. First of all, simple existence is proof of love's great power. The attracting energies between the seed and the egg found one another, united and began the synchronous cell division to create the amazing you! Second, it is of utmost importance that each and every creature upon the great Mother Earth, learn to love and respect the Self which resides within their own beating heart. That miracle of creation is not a random haphazard event but a beautiful symphony of purpose. Finally, as that love within is appreciated, it swells to likewise appreciate the wonder of the whole of all creation. This energy can be felt by others and as each of us expand that individual love and appreciate that it is absolutely present in everything we grow individually. As we grow individually, we share that love energy collectively and then we also grow collectively.

¹ Holy Bible, New International Version, I Corinthians 13:1.

What I am saying is that it is virtually impossible to live without love. The material existence of an individual whether plant, animal, mineral or human is proof of love's creative presence. As each one of us awakens to that fact we ignite the awesome power of love present within each and every being and step into the fullness of existence that life intended to express.

So you can see that it is sad indeed when humans have convinced themselves that they have no love in their lives or have convinced themselves that "love" must fit within a very strict criteria-set within the life encounter. Love cannot be strictly defined. Love absolutely cannot be manipulated. Love is a naturally occurring phenomenon and as such it must be regarded as wise, wonderful and slightly mysterious. The Native Americans referred to the magnificent power of love as the Great Spirit, understanding an unseen ever-present power was at work within the tapestry of daily life.