

XI: APPENDIX D: INTERPRETIVE GUIDELINES FOR FIRST AID

Occupational Safety and Health Administration, 29 CFR 1904.7(b)(5)(ii)

1904.7(b)(5)(ii) **What is "first aid"?** For the purposes of Part 1904, "first aid" means the following:

- (A) Using a non-prescription medication at nonprescription strength (for medications available in both prescription and non-prescription form, a recommendation by a physician or other licensed health care professional to use a non-prescription medication at prescription strength is considered medical treatment for record keeping purposes);
- (B) Administering tetanus immunizations (other immunizations, such as Hepatitis B vaccine or rabies vaccine, are considered medical treatment);
- (C) Cleaning, flushing or soaking wounds on the surface of the skin;
- (D) Using wound coverings such as bandages, Band-Aids(tm), gauze pads, etc.; or using butterfly bandages or Steri-Strips(tm) (other wound closing devices such as sutures, staples, etc., are considered medical treatment);
- (E) Using hot or cold therapy;
- (F) Using any non-rigid means of support, such as elastic bandages, wraps, non-rigid back belts, etc. (devices with rigid stays or other systems designed to immobilize parts of the body are considered medical treatment for recordkeeping purposes);
- (G) Using temporary immobilization devices while transporting an accident victim (e.g., splints, slings, neck collars, back boards, etc.);
- (H) Using eye patches;
- (I) Removing foreign bodies from the eye using only irrigation or a cotton swab;
- (J) Removing splinters or foreign material from areas other than the eye by irrigation, tweezers, cotton swabs or other simple means;
- (K) Using finger guards;
- (L) Using massages (physical therapy or chiropractic treatment are considered medical treatment for record keeping purposes); or
- (M) Drinking fluids for relief of heat stress.

1904.7(b)(5)(iii) **Are any other procedures included in first aid?** No, this is a complete list of all treatments considered first aid for Part 1904 purposes.