

## **PRAYERS – SHATTERING YOUR STRONGHOLDS**



*In the name of Jesus I bind myself to the will of God, the truth and the mind of Christ. I loose wrong patterns of thinking and attitudes, behaviors and habits, and strongholds from myself, in Jesus name, Amen.*

### ***Pursue, Forgiving and Repenting***

*Father, In the Name of Jesus I come to You, Your Word says that tribulation can bring about a good thing in me. God, you know how much I want out of this particular trial, but I bind myself to your will and purposes and timing. Until I get out, teach me patience and give me the spiritual experience I need to be an overcomer. If I can't have deliverance from this situation yet, then I'm going to loose everything in my old nature I can think of to make room for the growth of the fruit of the Spirit. Help me to be patient, help me to be forgiving and let me become experienced in the ways of your Spirit. You have promised your hope will sustain me while this is being done.*

### ***Dealing with Anger***

*Lord, I come before you in the name of Jesus, Your Word says if I love you and am full of your words, I will have great peace and nothing shall offend me. Well, we both know I'm pretty offended right now. Either I'm lacking in your words or my pride is getting mixed up in this. Either way, I'm at fault here. Your Word says pride goes before destruction and a haughty spirit goes right before a fall. Father, I'm in enough trouble without destruction and a fall coming into my life. Forgive me for holding on to such feelings. Lord, I surrender this whole thing to you right now. In Jesus name Amen.*

### ***The Things that God Hates***

*In the name of Jesus Christ, I bind my will to your will, Father, and I bind my mind to the mind that is in Jesus Christ. I loose all of my wrong attitudes and their strongholds, especially those of pride and bitterness. I loose all of my wrong patterns of thinking about this, including wrong beliefs about what is fair and how my feelings have been hurt. Jesus, thank you for being my high priest in heaven. I hold tight to my faith in you. I know you understand my weaknesses because the Word tells me you were tempted in every way just as I am, yet you never sinned and I don't want to, either. So, I repent right now of the sin of anger and pride and wrong thoughts. Please forgive me and wash me in your cleansing blood. Help me to see and do the right thing. I will let this go. I will come to the throne of grace with confidence and find mercy and grace to do so. In Jesus Name, Thank You and Amen.*

## **Making Room**



*In the name of Jesus Christ, I bind my body, soul and spirit to the will and purposes of God. I bind myself to the truth of God. I bind myself to an awareness of the power of the blood of Jesus working in my life every day. I bind my mind to the mind of Christ that I can have the thoughts, purposes and have ordained for me to walk, God, that my steps will be strong and steady. I bind myself to the work of the cross with all of its mercy, truth, love, power, forgiveness and dying to self.*

*In the name of Jesus Christ, I bind the strong man and I loose his hold on everything he has ever stolen from me. I rebuke his works and loose the power and effects of every deception, device and influence he wants to bring against me.*

*Lord, I repent of having wrong attitudes and thoughts, I renounce them now and ask your forgiveness. I loose every old, wrong pattern of thinking, attitude, idea, desire, belief, habit and behavior that may still be working in me. I tear down, crush, smash and destroy every stronghold I have erected to protect them. I bind myself to the attitudes and patterns of Jesus Christ. I bind myself to the overcoming behavior and spiritual desires that line up with the fruit of the Holy Spirit.*

*Father, I loose any stronghold in my life protecting wrong feelings I have against anyone. Forgive me as I forgive those who have caused pain, loss or grief. I loose any desire for retribution or redress. In the name of Jesus, I loose the power and the effects of any harsh words or hard words (word curses) spoken about me, to me or by me. I loose any strongholds connected with them. I loose all generational bondages and their strongholds from myself. Thank You, Jesus, that you have promised whatsoever I bind and loose on earth will be bound and loosed in heaven. In Jesus name, Amen.*

### **Right Words for Children-Psalm 103:17 & Isaiah 49:24-25**

*Heavenly Father, I come before You in the name of Jesus Christ. Lord, forgive my doubt. I repent of the words I have spoken. You are a good and faithful God and you will perform your Word. You have said that, from everlasting, your love is with those who fear you and your righteousness is with their children's children. Lord, I believe that promise for my child. In Jesus name, Amen.*

*Lord, my child is being held hostage by the enemy. You have said that captives can be taken back from the mighty one and prey can be rescued from the terrible enemy. You have said that you will contend with those who contend with me and that you will save my children. Jesus, I thank you for this. I thank you that the lesser power that is contending with me and my family will have to bow to your greater sovereign power within me. I bind the strong man that he will not be able to stop me from taking back everything he has stolen from my children. Thank you that my children will all be saved. In Jesus name, Amen.*

### *Finances II Corinthians 9:6-8*

*Heavenly Father I come before You in the name of Jesus, please forgive my words of doubt and negativity. I loose all of the wrong attitudes and patterns of thinking I have about money and bind myself to your truth. Renew my mind and attitude about your provision and my real needs. Your Word says if I sow sparingly, I will reap sparingly. Help me to see if I am holding back what I need to share. Let me become a channel of your abundance. You are able and willing to make all grace come toward me, not so I will indulge myself, but so I will have more than enough in all things so I can give and do and help every good work. In Jesus name, Amen.*

### *Generational Bondages*

*In the name of Jesus, Lord, I'm standing on the truth of your Word. You said you would give me the keys to the kingdom, that whatsoever I would bind on earth would be bound in heaven and whatsoever I would loose on earth would be loosed in heaven. Right now, in the name of Jesus Christ, I bind my will to the will of God, that I will be constantly aware of His will and purposes for my life. I bind myself to the truth of God that I will not be deceived by the many subtle deceptions of the world and the devil.*

*I bind myself to the blood of Jesus, that I will never take it for granted. I want to be constantly aware of its miracle-working power to restore and heal and keep me safe. I bind myself to the mind of Christ that I will be aware of how Jesus would have me think in every situation I come into this day. I do not want to react out of my own human, carnal thoughts when situations arise suddenly, I want to think and act as Jesus would have me to act. I bind my feet to paths of righteousness that my steps will be steady and true all day long. I bind myself to the work of the cross in my life so that I will continue to die daily to my own selfish desires and motivations and be more like Him.*

*I bind the strong man so that I may spoil his household and take back every bit of joy, peace, blessing, freedom and every material and spiritual possession that he has stolen*

*from me. I take them back right now! Satan, I loose your influence over every part of my body, soul and spirit. I loose, crush, smash and destroy every evil device you may try to bring into my sphere of influence during this day.*

*I repent of every wrong desire, attitude and pattern of thinking I have had. Forgive me, Lord, for holding onto wrong ideas, desires, behaviors and habits. I renounce and reject these things. In the name of Jesus Christ, I loose (destroy, crush, break, smash, melt, etc) every wrong attitude, pattern of thinking, belief, idea, desire, behavior and habit I have ever learned. I loose the strongholds around them that would keep me from being completely surrendered to the will of God for my life. I loose all doubt and confusion from myself.*

*I have bound myself to the mind of Christ and I loose every wrong thought and evil imagination that will keep me from being in sweet unity with Him. I bind and loose these things in the name of Jesus Christ, who has given me the keys to do so. Thank you, Lord, for the Truth, in Jesus name, Amen.*

## *Prayers*

*Pray for someone else's life*

*In the name of Jesus Christ, I bind \_\_\_\_\_'s body, soul and spirit to the will and purposes of God for his/her life. I bind \_\_\_\_\_'s mind, will and emotions to the will of God. I bind him/her to the truth and to the blood of Jesus. I bind his/her mind to the mind of Christ, that the very thoughts, feelings and purposes of His heart would be within his/her thoughts.*

*I bind \_\_\_\_\_'s feet to the paths of righteousness that his/her steps would be steady and sure. I bind him/her to the work of the cross with all of its mercy, grace, love, forgiveness and dying to self.*

*I loose every old, wrong, ungodly pattern of thinking, attitude, idea, desire, belief, motivation, habit and behavior from him/her. I tear down, crush, smash and destroy every stronghold associated with these things. I loose any strongholds in his/her life that has been justifying and protecting hard feelings against anyone. I loose the strongholds of unforgiveness, fear and distrust from him/her.*

*I loose the power and effects of deceptions and lies from him/her. I loose the confusion and blindness of the god of this world from \_\_\_\_\_'s mind that has kept him/her from seeing the light of the gospel of Jesus Christ. I call forth every precious word of Scripture that has ever entered into his/her mind and heart that it would rise up in power within him/her.*

*In the name of Jesus, I loose the power and effects of any harsh or hard words (word curses) spoken to, about or by \_\_\_\_\_. I loose all generational bondages and associated strongholds from \_\_\_\_\_. I loose all effects and bondages from him/her that may have been caused by mistakes I have made. Father, in the name of Jesus, I crush, smash and destroy generational bondages of any kind from mistakes made at any point between generations. I destroy them right here, right now. They will not bind and curse any more members of this family. I bind the strong man, Satan, that I may spoil his house, taking back every material and spiritual possession he has wrongfully taken from \_\_\_\_\_. I loose the enemy's influence over every part of his/her body, soul and spirit. I loose, crush, smash and destroy every evil device he may try to bring into his/her sphere of influence during this day.*

*I bind and loose these things in Jesus' name. He has given me the keys and the authority to do so. Thank You Lord, for the truth. In Jesus name, Amen.*

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will of God, the truth and  
the mind of Christ.*

*I loose wrong patterns of  
thinking and attitudes, behaviors and  
habits, and strongholds from myself.*

*In Jesus name, Amen!*